FAMILY AND CONSUMER SCIENCE

Administrator: Michael Olley
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The mission of Family and Consumer Science is to prepare individuals to be competent, confident, and caring in managing their personal, family and career lives.

**TEEN ISSUES**

| Course Number: 7776 | 20 Weeks | ½ Credit | Grade 10-12 | Prerequisite: None |

Would you like to learn about yourself and others through a variety of activities? This course deals with the transition from the teen years to adulthood. The teenage years are a time when young people are trying to figure out who they are, what they want, and where they want to go in the future. It helps the students learn the knowledge and skills they need to achieve their goals and be successful. Students learn how to build relationships and relate to others, as well as how to manage life’s choices.

**INDEPENDENT LIVING**

| Course Number: 7778 | 20 Weeks | ½ Credit | Grade 11-12 | Prerequisite: None |

Soon you’ll be on your own! Learn how to successfully attain employment, manage your finances, and how to live on your own.

**FOOD TECH**

| Course Number: 7775 | 20 Weeks | ½ Credit | Grade 10-12 | Prerequisite: None |

This is a beginning food course; experience is not necessary. You will learn basic food preparation techniques, influences on food choices and nutrition for all of the food groups. You will also learn by preparing foods for every food group, through teacher instruction and demonstrations. No matter what your career choice, this will be a beneficial and enjoyable course.

**GOURMET COOKING**

| Course Number: 7774 | 20 Weeks | ½ Credit | Grade 10-12 | Prerequisite: Successful completion of Food Tech |

This course is designed to expand on the knowledge learned in Food Technology class. Further emphasis will be placed on selecting, preparing, cooking, and preserving various foods. Lab and classroom experiences will emphasize healthy eating habits, as well as principles associated with baking cookies, cakes, pastries, and yeast breads. Students will also learn principles to cook poultry, beef, pork, fish, shellfish, casseroles, soups, and prepare salads. Moreover, you will learn about herbs, spices, and garnishing techniques. The culminating activity will be a special project. Information related to careers in food and nutrition will be included in the course.
CULTURAL FOODS (odd years) 20 Weeks ½ Credit Grade 10-12
Course Number: 7773 Prerequisite: Successful Completion of Food Tech

In this course we travel the world! As we do, via video, on-line and text materials, we stop and experience the culture of each area by making and sampling the foods of each region. We not only sample their cuisine, but we also learn about their geography and climate and how those affect each country's food supply and eating habits. The course begins with American Regional Foods and travels to Latin America, Europe and Asia. Experience is not necessary. Food preparation techniques are demonstrated and reviewed. This is a fun and interesting elective that helps all of us better understand our culturally diverse society. Come travel and learn with us.

CHILD DEVELOPMENT 1 20 Weeks ½ Credit Grade 10-12
Course Number: 7779 Prerequisite: None

There is nothing more important or basic to life than providing children with a nurturing and challenging environment in which they can develop fully. This requires knowledge, skills and experience. Students are given comprehensive up-to-date coverage of important topics such as parenting, teen parenting, prenatal development, labor and delivery, childcare techniques and psychological research related to this age group. Students will learn about children's physical, intellectual, social and emotional development from birth to 12 months. In this course students can take home a Real Care Baby, which provides students with life like simulation. This elective is a must for students interested in becoming a parent and seeking careers in teaching, child care, pediatrics, nursing, social services, and counseling.

CHILD DEVELOPMENT 2 20 Weeks ½ Credit Grade 10-12
Course Number: 7780 Prerequisite: None

This course covers development and care for children ages 1 through 12, as well as discipline and guidance techniques. Throughout the course, students will have opportunities to observe and actively participate with children. This course provides a good foundation to any teen who plans to be a teacher, nurse, doctor, psychologist, social worker, counselor, or parent.

FASHION ARTS 20 Weeks ½ Credit Grade 10-12
Course Number: 7770 Prerequisite: None

Fashion Arts is a semester course that emphasizes clothing, fashion, and design, as well as fashion history. All elements of basic clothing construction as well as the use of fibers, color, and principles of design are covered. This course is ideal for students considering a career in fashion merchandising, fashion, retailing, costume and fashion design, and theatre arts, to name a few.